



Member Benefits Quick Reference Guide

Aetna

- **Informed Health Line**
(Free 24 NurseLine) call (880) 556-1555.
- **Aetna Health App**
Download on the App Store or Google Play
- **CVS ExtraCare Plus** (fill scripts at CVS and earn rewards) Register on the Aetna Health App or log in on the Aetna member website.
- **HealthHub Program**
(Minute Clinics at participating CVS and Target locations) www.CVS.com/HealthHUB or Call (866) 389-ASAP
- **Teladoc Health**
Access to quality care at your fingertips. Download the app and get access to virtual General Medical, Mental Health, and Dermatology services when and where you need them. www.teladoc.com/aetna or www.teladoc.com/mobile or call (855) 835-2362.
- **Aetna Back and Joint Program**
Aims to help members through a combination of digital exercises therapy and clinical support.
- **Weight Management Program**
A comprehensive weight management solution based off of a health assessment to provide recommended programs available to you.
- **Aetna Health Your Way**
A digital platform designed to help members achieve their health goals. www.aetna.com
- **AbleTo**
Similar to EAP (support and coaching for traumatic life events). Call (844) 330-3648
- **Transform Oncology**
Resources and help for your cancer journey. www.aetna.com
- **Transform Diabetes**
Helps members with diabetes thrive and helps close gaps in care for members living with diabetes. www.aetna.com

CVS Caremark

- **CVS Caremark Mobile App**
Visit the App Store or Google Play
- **24x7 Customer Care Team**
Call (866) 818-6911
- **CVS Caremark Mail Service Pharmacy for Home Delivery**
Call (866) 239-4543, visit Caremark.com/Rxdelivery

Prudent Rx

- All eligible members will be automatically enrolled in the Prudent Rx program, but members can choose to opt out by calling (800) 578-4403.

Davis Vision

- **Discount on LASIK surgery with Qualsight**
(855) 502-2020 or visit <https://lasik.qualsight.com>
- **DavisVision discount on Exclusive Collection Frames.** www.davisvision.com/locator
- **Free hearing exam and discount on Hearing Aids.** www.davisvision.yourhearing.com or Call (888) 809-0044

Delta Dental

- *Click here for extra features from Delta Dental.*
- **Virtual Dentistry offerings** – remote video or photo consultations with a dentist
- **Oral health product discounts with BrushSmart**
- **LASIK discounts with QualSight**
- **Hearing Aid discounts with Amplifon**
- **LifePerks discounts** – wide range of discounts on various products or services. Click to Register for LifePerks.

More benefit information is available at www.bmsmc.org